

<b>C-1271</b>
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<b>Sub. Code</b>
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<b>97511/97611/ 97711/97811</b>
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**M.Sc. DEGREE EXAMINATION, NOVEMBER 2019**

**First Semester**

**Applied Psychology**

**FUNDAMENTALS OF PSYCHOLOGY**

**(Common for ALL M.Sc. (Applied Psychology)  
Specialization Course's)**

**(2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. Define behaviour psychology.
2. Write about emotion.
3. Define memory.
4. What do you mean by attention?
5. Write short notes on environment.
6. Give the meaning of psychology.
7. Define cognitive process.
8. Write short notes on personality.
9. Give short notes on insightful learning.
10. Define the term intelligence.

**Part B****(5 × 5 = 25)**Answer **all** questions.

11. (a) Write a paragraph on the history of science psychology.

Or

- (b) Write in about a paragraph on Aransal theory.

12. (a) Describe the term incentive theory with examples.

Or

- (b) Explain drive theory.

13. (a) Enumerate motives and behaviour.

Or

- (b) Discuss briefly the types of motivation.

14. (a) Explain the types of Attention.

Or

- (b) Describe about the levels of thinking.

15. (a) Write an essay on Trial and Error learning.

Or

- (b) Discuss about the James-Lange theory

**Part C** $(3 \times 10 = 30)$ Answer **all** questions.

16. (a) Give an essay on Maslow's Hierarchy of needs.

Or

- (b) Explain Hans Eysenck's theory.

17. (a) Describe the types of memory with examples.

Or

- (b) Write in detail about the extra sensory perception.

18. (a) Discuss Freud's psychoanalytic theory with examples.

Or

- (b) Explain the components of emotion.

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<b>C-1272</b>
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<b>Sub. Code</b>
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<b>97512/97612/ 97712/97812</b>
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**M.Sc. DEGREE EXAMINATION, NOVEMBER 2019**

**First Semester**

**Applied Psychology**

**THEORIES OF COUNSELLING**

**(Common for M.Sc. (Applied Psychology) Specialization Courses)**

**(2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What is guidance?
2. Mention the types of counseling?
3. What is self-disclosure?
4. What do you mean by class test?
5. Write the importance of personal awareness.
6. List the benefits of supervision.
7. Mention few objectives of counseling.
8. What is cultural sensitivity?
9. List some of the needs of counseling in Indian situations.
10. What do you mean by Psychotherapy?

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Write the principles of counseling and psychotherapy.

Or

- (b) What is counseling? Explain its objectives.

12. (a) Explain the significance of RRR.

Or

- (b) Give a brief account on skills of counseling.

13. (a) Describe the importance of cultural sensitivity in the practice of counseling.

Or

- (b) What is supervision and explain its benefits?

14. (a) Mention the importance of mentoring in counseling.

Or

- (b) Discuss the importance of self-care.

15. (a) Explain log model.

Or

- (b) Give short note on

(i) Genuiness

(ii) Respect

(iii) Advanced empathy

(iv) Concreteness

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain psychoanalytic model of Freud.

Or

- (b) Give a brief note on history of counseling and psychotherapy.

17. (a) What is Barefoot counselors model? Discuss.

Or

- (b) Give an account of Skiller helper model of Gerald Egan.

18. (a) Explain eclectic and integrative models.

Or

- (b) Illustrate the importance of personal awareness and growth.

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<b>C-1273</b>
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<b>Sub. Code</b>
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<b>97513/97613/ 97713/97813</b>
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**M.Sc. DEGREE EXAMINATION, NOVEMBER 2019**

**First Semester**

**Applied Psychology**

**SKILLS OF COUNSELLING**

**(Common for M.Sc. (Applied Psychology  
Specialization Courses))**

**(2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What is microskills models?
2. Describe the need of counselling.
3. Write short notes on insights.
4. What do you mean by operationalizing the goal?
5. Write the importance of counselling in psychology.
6. Write short notes on personalizing.
7. How to reflect the feeling of client?
8. What do you mean by body language?
9. Describe alternative frame of reference.
10. What do you mean by reframing?

**Part B****(5 × 5 = 25)**Answer **all** questions.

11. (a) Explain micro skills model.
- (i) Welcoming the client
  - (ii) Observing the body language
- Or
- (b) Write short notes on,
- (i) Types of problem situation
  - (ii) Listening
12. (a) Explain the kinds of responses as per EISPU.
- Or
- (b) What do you mean by pinpointing the problem?
13. (a) Explain – Behavioural strategies.
- Or
- (b) Write short notes on action programmes and reframing.
14. (a) How to welcome the client?
- Or
- (b) Write short notes on,
- (i) Helping skills pre-test.
  - (ii) Kinds of responses as per ego-states.
15. (a) Explain – Modalities of physical attending.
- Or
- (b) Explain micro-skill model step. Let the client tell the story.



**Part C** $(3 \times 10 = 30)$ Answer **all** questions.

16. (a) Explain SMART goals making contracts and evaluation.

Or

- (b) How to facilitate the client to release strong negative feelings?

17. (a) Explain the employing problem solving techniques.

Or

- (b) Explain the micro skill model steps 5 and 6.

18. (a) Write short notes on:

(i) Personalizing.

(ii) Re-framing.

Or

- (b) Discuss review and synthesis.
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<b>C-1274</b>
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<b>Sub. Code</b>
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<b>97514/97614/ 97714/97814</b>
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**M.Sc. DEGREE EXAMINATION, NOVEMBER 2019**

**First Semester**

**Applied Psychology**

**PSYCHOLOGICAL ASSESSMENT**

**(Common for M.Sc. (Applied Psychology)  
Specialization Courses)**

**(2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What are the needs of Psychological Tests?
2. What is MSE?
3. Define – Selfactualization.
4. What is IPA?
5. List out the objectives of Psychological Testing.
6. Define Counselling.
7. Describe – Levels of Aspiration.
8. Define Autonomic.
9. Gives the examples of Test Batteries.
10. What is FIRO-B?

**Part B****(5 × 5 = 25)**Answer **all** questions.

11. (a) What are all the applications and issues in Psychological Testing?

Or

- (b) Explain the skills involved in Test administration.
12. (a) Gives a brief account on Test Batteries and its importance.

Or

- (b) Explain cultural sensitivity in Test administration.
13. (a) Explain Wide Range achievement test.

Or

- (b) List out the types of tests and scales using in Psychological Assessment.
14. (a) Give a brief notes on Attachment Styles Questionnaire.

Or

- (b) Explain the meaning and importance of Genogram, Sociogram, Egogram and Storkogram.
15. (a) Explain FIRO-B and FIRO-F.

Or

- (b) List out the characters of ISAC and its importance.

**Part C****(3 × 10 = 30)**Answer **all** questions.

16. (a) Explain the following Psychological Assessment :

- (i) Biological
- (ii) Psychological
- (iii) Electronic.

Or

(b) Explain the History of Psychological Testing.

17. (a) Explain EPQ-R.

Or

(b) Discuss on Rosenberg Selfesteem Scale.

18. (a) Give a detailed account on Ethical and professional standard for tests in counselling.

Or

(b) Explain vocational interest scales and job-satisfaction scales.

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**C-1275**

<b>Sub. Code</b>
<b>97531/97631/ 97731/97831</b>

**M.Sc. DEGREE EXAMINATION, NOVEMBER 2019****Third Semester****Applied Psychology****RESEARCH METHODOLOGY****(Common for all M.Sc. (Applied Psychology)  
Specialization courses)****(2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A****(10 × 2 = 20)**Answer **all** questions.

1. Define: Research.
2. What do you mean by Criticism?
3. What is Hypotheses?
4. How will you identify a research problem?
5. What is Sampling error?
6. Mention the types of interview.
7. Give the importance of Statistics.
8. Define: Standard Deviation.
9. Write about foot-notes.
10. Give the meaning of Reference.

**Part B****(5 × 5 = 25)**Answer **all** questions.

11. (a) Describe the Scientific method in Research.
- Or
- (b) Explain Research ethics.
12. (a) Discuss the factors influencing the choice of research design.
- Or
- (b) Enumerate the steps involved in the formulation of research problem.
13. (a) Write about the importance of electronic tools in data collection.
- Or
- (b) What are the types of Sampling? Explain
14. (a) Write an essay on Karl Pearson's co-efficient of correlation.
- Or
- (b) Write the uses of Factor Analysis.
15. (a) Discuss about the Bibliography.
- Or
- (b) How will you prepare an abstract? Explain.

**Part C****(3 × 10 = 30)**Answer **all** questions.

16. (a) Differentiate Research Method and Research Methodology.
- Or
- (b) Elaborate the Scope of Research in Counselling and Psychotherapy.

17. (a) Examine the Key characteristics of Research design.

Or

(b) Describe the methods of collecting data in Research.

18. (a) Illustrate the Scaling techniques in Research.

Or

(b) How will you prepare a research proposal? Explain.

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<b>C-1276</b>
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<b>Sub. Code</b>
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<b>97532/</b>
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**M.Sc. DEGREE EXAMINATION, NOVEMBER 2019**

**Third Semester**

**Applied Psychology**

**EMOTIONAL COMPETENCY**

**(2018 onwards)**

**(Common for M.Sc. (Applied Psychology) specialization causes)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

**(10 × 2 = 20)**

Answer **all** questions.

1. What are the components of emotion?
2. Define Anxiety.
3. List out the techniques in handling emotions.
4. What do you mean by fear?
5. Define anger managements.
6. Write a short note on undeserved offences.
7. How can you control sadness?
8. What are the factors of sadness?



9. Define emotional maturity.
10. Distinguish between IQ and EQ.

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the characteristics of emotions.

Or

- (b) Explain how will you control your emotions.

12. (a) Describe anxiety interplay of fear and hope.

Or

- (b) Discuss the relationship between emotion and behaviour.

13. (a) Elucidate concrete threat of emotions.

Or

- (b) Explain specific underserved offences.

14. (a) Discuss the impact of sadness.

Or

- (b) Make a detailed account on self focus in sadness.

15. (a) Describe the characteristics of emotional maturity.

Or

- (b) Explain the techniques of testing EQ.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Discuss the theories of emotions.

Or

- (b) Explain traumatic incident reduction therapy.

17. (a) Elucidate the various techniques of anger managements.

Or

- (b) Discuss the state of passivity in sadness.

18. (a) Explain the different types of scales used to measure emotional intelligence.

Or

- (b) Analyze the functions of different types of emotions.

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<b>C-1277</b>
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<b>Sub. Code</b>
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<b>97534</b>
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**M.Sc. DEGREE EXAMINATION, NOVEMBER 2019**

**Third Semester**

**Applied Psychology with specialization in Counselling  
and Psychotherapy**

**COUNSELLING AND PSYCHOTHERAPY IN  
DEVELOPMENTAL ISSUES**

**(2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What do you mean by developmental crisis?
2. State the developmental stages according to Elizabeth Hurlock.
3. List out the characteristic traits of early childhood.
4. What do you mean by play therapy?
5. What is meant by setting down age??
6. Explain the social relations during adolescence.
7. What do you mean by burnout?
8. Write about the successful aging.
9. What is dementia?
10. Define Delirium?

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Brief about Erik Erikson ego qualities in the psychosocial development.

Or

- (b) Explain Abraham Maslow's hierarchical theory of needs.

12. (a) What are Counselling situations in early childhood?

Or

- (b) Discuss the counseling techniques of children in late childhood?

13. (a) Write about various developmental processes in adolescence.

Or

- (b) State the need for educational counseling and guidance?

14. (a) Explain the characteristics of middle aged.

Or

- (b) Brief about Levinson's theory of adult development.

15. (a) What are the necessary psychological adjustments in late adulthood?

Or

- (b) Brief personality types theory by Neugarten and Tobin.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain in detail about psychoanalytic theory by Sigmund Freud.

Or

- (b) Explain situational crisis.
17. (a) Explain the need for counseling during early childhood.

Or

- (b) Explain signs and symptoms of Burnout.
18. (a) State the problems faced by an elderly person.

Or

- (b) Discuss the need for counseling the elderly person.
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<b>C-1278</b>
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<b>Sub. Code</b>
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<b>97535</b>
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**M.Sc DEGREE EXAMINATION, NOVEMBER 2019**

**Third Semester**

**Applied Psychology with Specialization in Counselling  
and Psychotherapy**

**MODERN TRENDS AND TECHNIQUES IN  
COUNSELLING**

**(2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

**(10 × 2 = 20)**

Answer **all** questions.

1. What is meant by self-understanding?
2. What are the techniques of counselling?
3. State the purpose of pleasant activity Scheduling.
4. Define the term cognitive distortion.
5. What is behavioural activation?
6. Analyse the need of self-disclosure in counselling process.
7. Mention the merits of solution focused counselling.
8. Write a note on reciprocal inhibition.
9. What are stressors.?
10. What are the benefits of coping questions?

**Part B****(5 × 5 = 25)**Answer **all** questions

11. (a) Describe the various approaches in counselling

Or

- (b) Bringout the major concepts of therapeutic counselling?

12. (a) Describe the importance of operant conditioning principles in counselling process.

Or

- (b) Explain in detail about Token economy.

13. (a) What is Neurolinguistic programming? and how does it work in counselling technique?

Or

- (b) Enumerate the functions and role of behavioural play therapy.

14. (a) Explain the importance of situation exposure hierarches.

Or

- (b) Analyse the various causes of stress among human being.

15. (a) Discuss the role of exposure approaches in treating depressive disorder.

Or

- (b) Explain the steps involved in cognitive behaviour therapy.

**Part C****(3 × 10 = 30)**Answer **all** questions.

16. (a) Describe ABC model of cognitive behaviour therapy.

Or

- (b) Explain any two psychological theories applied in the field of counselling process.
17. (a) Explain the structure and function of Visual-Kinesthetic Dissociation technique used in Psychotherapy.

Or

- (b) Analyse the content and principles of cognitive behavioural play therapy.
18. (a) Describe the role of solution focused model in counselling process

Or

- (b) Explain the importance of Exposure therapies.
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<b>97634</b>
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**M.Sc. DEGREE EXAMINATION, NOVEMBER 2019**

**Third Semester**

**Applied Psychology with Specialization in Clinical  
Psychology**

**PSYCHOPATHOLOGY – II**

**(2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What is paranoid personality disorder?
2. Write some psychotherapeutic treatment for antisocial behaviour.
3. What are the causes of dissociation in behaviour?
4. Define the term Abnormality.
5. What is Hypochondriasis?
6. How is Amnesia diagnosed?
7. What is Delirium?
8. Analyses the causes of conduct disorders.
9. State some therapeutic treatment of Narcolepsy.
10. Analyses the causes of gambling disorder.

**Part B****(5 × 5 = 25)**Answer **all** questions.

11. (a) Explain the causes of obsessive-compulsive disorder.

Or

- (b) Describe the symptoms and treatment of schizophrenia.

12. (a) Mention the diagnosis and treatment process of depersonalization disorder.

Or

- (b) Enumerate the psychological based treatment for substance used disorders.

13. (a) Analyse the social problems encountered by Kleptomania disorder person.

Or

- (b) Explain the etiological condition of conversion disorder.

14. (a) Describe the psychotherapeutic treatment for body dysmorphic disorder.

Or

- (b) What is orgasmic disorder? Explain the various treatment procedures.

15. (a) How is autism diagnosed? State the different psychotherapeutic techniques.

Or

- (b) How are adjustment problem treated with the help of psychotherapeutic process?

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Examine the diagnostic criteria, causes and treatment of cluster. C personality disorder.

Or

- (b) Describe the various types of dissociative disorder.
17. (a) Analyse the symptoms and treatment for ADHD children.

Or

- (b) Enumerate the causes and psychotherapeutic treatment for eating disorder.
18. (a) What is intellectual disability? What are the various causes of learning disability?

Or

- (b) Analyse the causes of hypersomnolence disorder and suggest remedial measures.
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<b>C-1280</b>
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<b>97635</b>
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**M.Sc. DEGREE EXAMINATION, NOVEMBER 2019**

**Third Semester**

**Applied Psychology with Specialization in Clinical  
Psychology**

**PSYCHOLOGICAL THERAPIES**

**(2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What are the needs of psychological therapies?
2. What is the theoretical assumption of psychoanalytical psychotherapy?
3. Analyse the concept of transference in psychonalytical therapy.
4. How is neurosis identified?
5. Write the steps in client centred approach.
6. Analyse the need of group psychotherapy.
7. Mention any two strategies to reduce stress.
8. Bring out the need of relaxation training.
9. What is unconditional positive regard?
10. Define the term problem solving.

**Part B****(5 × 5 = 25)**Answer **all** questions.

11. (a) Elaborate unique applications of psychological therapies in modern life.

Or

- (b) Explain the different approaches of psychoanalysis.

12. (a) Describe Talk therapy and its application in human behaviour modification.

Or

- (b) Enumerate the functions of dream analysis in psychoanalysis process.

13. (a) Examine the advantages of humanistic psychotherapy.

Or

- (b) Explain the concept of transference and counter transference.

14. (a) Analyse the role of assertiveness training in human behaviour modification.

Or

- (b) Suggest some relaxation training based on the principles of modelling theories of psychotherapy.

15. (a) Explain Transaction analysis and its application in therapeutic treatment.

Or

- (b) Write a note on conjoint family therapy.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Enumerate the various scope of psychological therapies.

Or

- (b) Explain the different methods and techniques of psychoanalysis.

17. (a) Narrate the therapeutic functions of classical conditioning theory.

Or

- (b) Explain the therapeutic techniques and application of Murray Brown.

18. (a) State the postulates of Freudian therapy in the history of Psychoanalysis.

Or

- (b) Enumerate the need and function of interpersonal psychotherapy.

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<b>C-1281</b>
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<b>Sub. Code</b>
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<b>97734</b>
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**M.Sc. DEGREE EXAMINATION, NOVEMBER 2019**

**Third Semester**

**Applied Psychology with Specialization in Educational  
Psychology**

**CHILDHOOD DISORDERS AND LEARNING  
DISABILITIES**

**(2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. Name the Stages in Piaget's theory of Cognitive development.
2. What is mental and Physical development?
3. What are some of the common problems in childhood?
4. Name some of the Childhood disorders.
5. Define Cognitive disorder.
6. Define delirium.
7. What are the types of learning disabilities?
8. Define echopraxia.
9. What are common causes of Childhood Disorders?
10. What is the Psychodynamic therapy point of view of Childhood Disorders?

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain Sensorimotor stage with its sub stages.

Or

- (b) Brief about the relationship between a person's age and stage of development.

12. (a) Brief about Autism Spectrum disorders.

Or

- (b) Write about the problems in Childhood related to sleep.

13. (a) Explain delirium with its symptoms and treatment.

Or

- (b) Explain amnesic disorder, its characteristics and treatment.

14. (a) Brief about dyslexia, its nature and characteristics.

Or

- (b) What are some of the speech related disorders in Childhood? Explain.

15. (a) What are the Diagnostic tools that are used in Childhood disorder identification?

Or

- (b) How does behaviour therapy help in treating Childhood disorders?



**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain in detail about Piaget's theory of Cognitive Development.

Or

- (b) Explain the Clinical and Cognitive perspective of Autism Spectrum Disorder.
17. (a) Detail about Cognitive disorders, their symptoms, nature and treatment.

Or

- (b) Explain some of the emotional behaviour problems in Childhood.
18. (a) Explain learning disability and differentiate the types of learning disabilities.

Or

- (b) Explain about the various therapeutic approaches to learning and Cognitive disorders.
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<b>C-1282</b>
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<b>Sub. Code</b>
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<b>97735</b>
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**M.Sc. DEGREE EXAMINATION, NOVEMBER 2019**

**Third Semester**

**Applied Psychology with Specialization in Educational  
Psychology**

**EXPRESSIVE ART THERAPIES – I**

**(2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. Define American art therapy.
2. What are the uses of art therapies?
3. Write a short note on imagination.
4. List out the art therapy applications.
5. What do you mean by music therapy?
6. What are the advantages of using drawing in art therapy?
7. Write a short note on collage.
8. What do you mean by movement therapy?
9. What is narrative therapy?
10. What is meant by puppets?

**Part B****(5 × 5 = 25)**Answer **all** questions.

11. (a) Describe the history of American and therapy.

Or

- (b) Explain the psychological impact of expressive art therapy.

12. (a) Discuss the self expression and active participation in art therapy.

Or

- (b) Explain the mind – body connection of expressive art therapy.

13. (a) Describe narrative therapy and motive therapy.

Or

- (b) What are the advantages of warm up exercise in art therapy.

14. (a) What is Biblio therapy? Explain it's role in art therapy.

Or

- (b) Describe the characteristics of expressive art therapy.

15. (a) Explain the art therapy techniques.

Or

- (b) Describe the clinical applications of expressive arts therapy with families.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) How can you use expressive art therapy as a diagnostic tool – explain.

Or

- (b) Discuss the role of art therapies in treatment.
17. (a) Explain the role of groups and couples in clinical applications of expressive arts therapy.

Or

- (b) What is psychodrama? Explain the psychological impact of art therapies.
18. (a) Explain Eugene Gendlin's techniques and applications of art therapy.

Or

- (b) Describe the clinical art therapy process for adolescence.
-